



# An Introduction to Sleep Disordered Breathing – a Medical Problem with a Dental Solution

Manchester  
Friday 1st September 2017



**Dr Paul McLornan**  
San Antonio, Texas

Dr. Paul McLornan is a board certified Prosthodontist in private practice in San Antonio, Texas. He is also an assistant professor at the University of Texas Health Science Center San Antonio (UTHSCSA) Dental School. He is a member of the graduate faculty of the UTHSCSA Graduate School of Biomedical Sciences, where he serves as a research adviser to a number of OSA related studies.

Dr. McLornan obtained his dental degree from Queens University, Belfast and his specialty certificate in Prosthodontics from UTHSCSA. The treatment of Obstructive Sleep Apnea (OSA) using oral appliances was the subject of his master's of science research project during his residency and has been a special interest of his since.

Dr McLornan has lectured extensively at local, national, and international dental meetings and study clubs. He is a member of the teaching faculty at the Pankey Institute and at the Dental Institute of Sleep Medicine and is a member of the ADA's Committee on Sleep Related Breathing Disorders. He is a Diplomate of the American Board of Prosthodontics and a Fellow of the American College of Prosthodontists. He is also a member of the American Academy of Restorative Dentistry, the American Equilibration Society, the American Academy of Dental Sleep Medicine and the American Academy of Sleep Medicine.

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**BSOS presents**

**An Introduction to Sleep Disordered Breathing –  
a Medical Problem with a Dental Solution**

**Dr Paul McLornan**

**Friday 1st September 2017  
McDonald Manchester Hotel and Spa  
London Road, Manchester M1 2PG**

**Fees**

**Members – £100.00 Non Members – £175.00**

7 hours CPD  
The cut off date for applications is Friday 25th August 2017

# BSOS Seminar

1st September 2017

## Programme

### Course Outline

Sleep Disordered Breathing (SDB) has been identified by the NIH as one of the most prevalent and most under diagnosed medical conditions. Left untreated the condition has significant associated morbidity and mortality.

In his presentation Dr McLornan will introduce; the condition, how it is diagnosed and treated by our medical colleagues and how dentists can identify and treat SDB. He will discuss the oral appliances used to treat the condition. Dr McLornan will also discuss how to introduce Dental Sleep Medicine into your dental practice, current research into the dental treatment of SDB and why this is fast becoming one of the hottest topics in dentistry.

Dr McLornan has come to believe that as dentists we can ignore SDB in our patients but it will not ignore our patient's overall health, their dentition and our dentistry. He believes that we must screen our patients and will share exactly how he does that in his office. He will also discuss building and maintaining relationships with physicians and how to get paid for treating this condition.

To successfully treat an SDB sufferer using an oral appliance is probably the most profound effect a dentist can have on the quality and quantity of that patient's life.

### Learning objectives

Attendees will learn:

1. What is Sleep Disordered Breathing
2. How it is diagnosed and treated by our medical colleagues
3. How we can screen our dental patients for SDB
4. How dentists can use Mandibular Repositioning Devices to treat SDB
5. How to incorporate sleep into their dental practices
6. A suggested treatment protocol for SDB

McDonald Manchester Hotel and Spa  
London Road, Manchester M1 2PG  
Tel: 0161 2723200

Hotel to be booked direct – single B&B rate is £95.00.

Please tear here

### An Introduction to Sleep Disordered Breathing – a Medical Problem with a Dental Solution

Please reserve me ..... place/s for the above course

Email address for confirmation of booking .....

Name .....

Address .....

I enclose a cheque made payable to BSOS for £ .....

Special Dietary requirements .....

You can either book online at [www.bsos.org.uk](http://www.bsos.org.uk) or post your cheque together with the tear off booking slip to: BSOS Office, PO Box 3064, Reading RG1 9WH

You can either book online at [www.bsos.org.uk](http://www.bsos.org.uk) or please return this slip before 25th August 2017, with your cheque, to:  
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